

Helen Charlston mezzo-soprano Toby Carr lute

Henry Purcell Bonduca's Song 'Oh lead me to some peaceful gloom' Barbara Strozzi L'eraclito Amoroso Robert de Visee Prelude John Eccles Restless in thought, disturbed in mind Henry Purcell Dido's Lament Owain Park Battle Cry

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Since winning the 2018 London Handel Singing Competition, **Helen Charlston** has crafted a place for herself at the forefront of the classical music scene in the UK and abroad. She is a BBC New Generation Artist, and avid recitalist, winning the Loveday Song Prize at the 2021 Kathleen Ferrier Awards. Passionate about new music, Helen commissioned The Isolation Songbook, a set of 15 new songs written between April and July 2020, as well as Battle Cry heard today, both with the help of City Music Foundation. She is a 2021/22 Laureate of Les Art Florissants Young Artist Programme, Jardin des Voix.

Lutenist and guitarist **Toby Carr** is known as a versatile and engaging artist. Toby was introduced to the lute while studying the classical guitar at Trinity Laban, leading to a postgraduate degree at the Guildhall School of Music & Drama, where he has since been welcomed back as a professor. He now has a busy performing career on a variety of plucked instruments as a soloist, continuo player, accompanist and chamber musician. The challenge of presenting old music to new audiences in exciting and engaging ways takes up most of his professional life, and as such Toby has performed with most of the principal period instrument ensembles in the UK.

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# Purcell: O Lead Me to Some Peaceful Gloom

O lead me to some peaceful gloom, Where none but sighing lovers come, Where the shrill trumpets never sound, But one eternal hush goes round. There let me soothe my pleasing pain, And never think of war again. What glory can a lover have, To conquer, yet be still a slave?

#### Strozzi: L'eraclito Amoroso

Udite amanti la cagione, oh Dio, ch'a lagrimar mi porta: nell'adorato e bello idolo mio, che sì fido credei, la fede è morta.

Vaghezza ho sol di piangere, mi pasco sol di lagrime, il duolo è mia delizia e son miei gioie i gemiti. Ogni martire aggradami, ogni dolor dilettami, i singulti mi sanano, i sospir mi consolano.

Ma se la fede negami quell'incostante e perfido, almen fede serbatemi sino alla morte, o lagrime! Ogni tristezza assalgami, ogni cordoglio eternisi, tanto ogni male affliggami che m'uccida e sotterrimi.

# Eccles: Restless in thought, disturbed in mind

Restless in thought, disturbed in mind, Short sleeps, deep sighs, ah! much I fear The inevitable time assigned by fate To love's approaching near. When the dear object present is, My fluttering soul is all on fire, His sight's a heaven of happiness And, if he stays, no, no, I can't retire. Tell me, someone in love well read, If these be symptoms of that pain; Alas, I fear my heart is fled, Enslaved to love, and love in vain.

# Purcell: Dido's Lament

Thy hand, Belinda, darkness shades me, On thy bosom let me rest, More I would, but Death invades me; Death is now a welcome guest. When I am laid, am laid in earth, May my wrongs create No trouble, no trouble in thy breast; Remember me, remember me, but ah! forget my fate. Remember me, but ah! forget my fate.

# Owain Park: Battle Cry

#### Boudicca

Among the foundations near here a story of fire and battle has escaped like fragrance.

Her teeth are fired in the ashes of London. Romans displace her. Fine oils and wines bathe her fragile neck. The Thames delivers her.

Lost names seep away into stolen lands. Her life is in shards. The Iceni Queen knows a woman cannot speak out and live.

As for me, I cannot even utter her name: Boudicca, Boadicea? Guttural fragments cradling versions of history she never chose. Listen you lovers, to the cause, oh God, of my weeping: in my handsome and adored idol, whom I believed to be faithful, faith is dead.

I have pleasure only in weeping, I nourish myself only with tears. Grief is my delight and moans are my joys. Every anguish gives me pleasure, every pain delights me, sobs heal me, sighs console me.

But if that inconstant traitor denys me constancy, at least let my devotion serve me until death, o tears. Every sadness soothes me, every sorrow sustains itself, every ill afflicts me so much that it slays and buries me.

#### Philomela in the forest

The falcon sings to me all day. His feathers are limp and brown. Turn tail, little falcon, fly far away, and leave me on my own.

You'll be hooded, silenced! In this place I was wounded, like bark drained for its sap, then bound in poison ivy.

Unspeakable! I cannot even cry out for my mother. There in the canopy: are those her hands enfolding me?

The falcon sings to me all day. His feathers are limp and brown. Turn tail, little falcon, fly far away, and leave me on my own.

The falcon sings to me all day. His feathers are limp and brown. Turn tail, little falcon, fly far away, and leave me on my own.

# A singer's ode to Sappho

Oh Sappho! My voice is hoarse tonight, like torn papyrus.

It maims the words gathering in the temple to your name.

Are you there, Sappho? Hear my voice when I call. I pray, dwell in me:

Make my voice your lyre, take my cries. In the honeyed night,

your face, Lady, will I seek: singing until, in gilded sandals,

the dawn steps into birdsong.

### Marietta

Glück, das mir verblieb, Rück zu mir, mein treues Lieb.

Your eye catches beyond me, Betraying bliss seared, Charred with lament. A dried flower joyed in the summer, And now the seasons, resenting, succeed: The wild fires sorrow, follow the same snow again.

How frightened you are! You drift away as your fingers float to my neck, Feeling smooth skin, the memento of another. Understand that resemblance is nothing. I resemble her only as a woman resembles a woman; When we are irrevocable, As unalike as tears.

But this is only a song to you. A heightened story that means more than it is.

I am a woman – of course I know this song. Women do not reside in the world. Death's whorl is her dwelling place. To descend is her debt, The song the net, Capturing warm grief to settle on your cold flesh And prove what you feel is true. In the world we inhabit The true love is not doomed to die. How unkind And how final This mournful melody which makes no Promise of the future for either the dead or the living.

The dead breathe stale air to sing. Jealous? Why would I be jealous of the dead?

### Strozzi: La Travagliata

Soccorrete, luci avare, un che muore di dolore; con un vostro sguardo almeno! Si può fare del guardare carità che costi meno?

Proferite, labra care, sole sole due parole a chi muor cortesi almeno! Si può fare del parlare cortesia che importi meno?

Sodisfate, se vi pare, un costante fido amante con un vostro bacio almeno! Si può dare del baciare guiderdon che vaglia meno?

#### Monteverdi: Lamento d'Arianna

Lasciatemi morire E chi violete voi che mi comforte in così dura sorte, in così gran martire? Lasciatemi morire

O Teseo, o Teseo mio, Sì che mio ti vo'dir, che mio pur sei, benché t'involi, ahi crudo! a gli occhi miei. Volgiti, Teseo mio, volgiti, Teseo, oh Dio! volgiti indietro a rimirar colei che lasciato ha per te la patria e il regno, e in queste arene ancora, cibo di fere dispietate e crude, lascerà l'ossa ingude. O Teseo, o Teseo mio, se tu sapessi, oh Dio! se to sapessi, ohimè! come s'affanna la povera Arianna. Help, you greedy eyes, one who is dying of grief, with just one glance of yours! Is there any act of charity which costs less?

Utter, dear lips, just two little courteous words to one who is dying! Is there any token of caring that costs less than two words?

Satisfy, if you would be so kind, a constant and faithful lover with just one kiss! Is there any recompense which costs less?

Let me die. And who do you think can comfort me in thus harsh fate, in thus great suffering? Let me die.

Oh Theseus, oh my Theseus, yes, I still call you mine for mine you are, although you flee, cruel one, far from my eyes. Turn back, my Theseus, turn back, Theseus, o God, turn back to see again the one, who for you has left her fatherland and kingdom, and who, staying on these shores, a prey to cruel and pitiless beasts, will leave her bones denuded. Oh Theseus, oh my Theseus, if you knew, oh God, if you only knew how much poor Arianna forse, forse pentito rivolgeresti ancor la prora al lito. Ma con l'aure serene tu te ne vai felice, ed io qui piango; a te prepara Atene liete pompe superbe, ed io rimango chibo di fere in solitarie arene; te l'uno e l'altro tuo vecchio parente stringeran lieti, ed io più non vedrovvi, o madre, o padre mio

Dove, dove è la fede che tanto mi giuravi? Così ne l'alta sede tu mi ripon de gli avi? Son queste le corone onde m'adorni il crine? Questi gli scettri sono, queste le gemme e gli ori: lasciarmi in abbandono a fera che mi strazi e mi divori? Ah Teseo, ah Teseo mio, lascerai tu morire, in van piangendo, in van gridando aita, la misera Arianna che a te fidossi, e ti diè gloria e vita?

Ahi, che pur non risponde! Ahi, che più d'aspe è sorde a'miei lamenti! O nembi, o turbi, o venti, sommergetelo voi dentr'a quell'onde! Correte, orche e balene, e de le membra immonde empiete le voragini profonde! Che parlo, ahil che vaneggio? Misera, ohimèl che chieggio? O Teseo, o Teseo mio, non son quell'io che i feri detti sciolse; parlò l'affanno mio, parlò il dolore; parlò la lingua sì, ma non già 'l core.

Miseral ancor do loco a la tradita speme, e non si spegne, fra tanto scherno ancor, d'amore il foco? Spegni to, Morte, omai le fiamme indegne. O madre, o padre, o de l'antico regno superbi alberghi, ov'ebbi d'or la cuna, o servi, o fifi amici (ahi Fato indegno!), mirate ove m'ha scorto empia fortuna! Mirate di che dual m'han fatto erede l'amor mio, la mia fede, e l'altrui inganno. Così va chi troppo ama e troppo crede

# Purcell: An Evening Hymn

Now that the Sun hath veil'd his Light, And bid the World good Night; To the soft Bed, my Body I dispose, But where shall my Soul repose? Dear God, even in Thy Arms, and can there be Any so sweet Security! Then to thy Rest, O my Soul! And singing, praise The Mercy that prolongs thy Days. Hallelujah! is frightened, perhaps, overcome with remorse, you would return your prow shorewards again. But with the serene winds you sail on happily, while I remain here weeping. Athens prepares to greet you with joyful and superb feasts and I remain, a prey to wild beasts on these solitary shores. You will be happily embraced by your old parents and I will not see you again, oh mother, oh my father.

Where is the faith you swore me so much? Is this how you place me on my antecestors throne? Are these the crowns with which you adorn my hair? Are these the sceptres, the diamonds and the gold? To leave me abandoned for the beast to tear up and devour? Ah Theseus, ah my Theseus, would you let me die, weeping in vain, crying for aid the wretched Arianna, who trusted you and gave you glory and life?

Ah, that you do not even reply! Ah, that your are deaf to my laments! Oh clouds, oh storms, oh winds, submerge him in those waves. Fly, whales and orcs, and fill up the profound gulfs with these unworldly limbs! What am I saying? Ah, what am I raving about? Wretched that I am, what am I asking? Oh Theseus, oh my Theseus, that is, that is not I, that it is not I who hurled these curses, my anguish spoke, the pain spoke, it was my tongue but not my heart.

Wretched that I am, still I give place to a hope betrayed, and despite so much scorn the fire of love is not put out. For that put out now, death, the unworthy flames. Oh mother, oh father, oh superb dwellings of the ancient kingdom, where my golden cradle stood! Oh servants, oh faithful friends – Ah, unjust fate! – See where a cruel fortune has led me, see what pain has been given to me as a heritage for my love, my faith and for his betraying me. That is the fate of one who loves too much and believes too much.

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