



Welcome Weekend Access information

Saturday 10 and Sunday 11 May 2025

Here's what to expect from the shows across the Welcome Weekend including information on seating and additional access provision.

Most of the shows across the weekend are brand new and have never been performed before, so some information may change.

If you have any questions about performances or access please do get in touch, on access@nnfestival.org.uk or 01603 531800 or ask volunteers or staff during the weekend.

The Forum, Theatre Plain

What 3 Words - random.short.flip

Artist - Artizani

Show name - *Hydropunk*

Saturday, 1-6pm

Sunday, 11.30am-4.30pm

Running Time – Ongoing, drop in and play

What to expect - Interactive water sculptures which you can come and explore.

Seating – No seating at this location

The Forum, Amphitheatre

What 3 Words - spice.donor.soap

Artist - Sadiq Ali Company

Show name - *Tell Me*

Saturday 1-1.45pm & 4.30-5.15pm

Sunday 11.30am-12.15pm & 2.15-3pm

Running Time – 45 minutes

What to expect - Chinese pole acrobatics, physical theatre and music. Suitable for people who are D/deaf or hard of hearing.

Seating - On The Forum steps. Accessible viewing area available outside Marzano.

Artist - Jerry Tremblay

Saturday 2.15-2.45pm, 4-4.30pm

Running Time – 30 minutes

What to expect – A one man absurd circus show, with some audience participation.

Seating - On The Forum steps. Accessible viewing area available outside Marzano..

Artist - Stopgap Dance

Show name - RO-TES - *ʃiʁ*

Sunday 12.45-1.15pm & 3.30-4pm

Running Time – 30 minutes



Touch Tour 12.15 & 3pm, 30 mins

What to expect - Dance performance



Audio Description integrated into the soundtrack

Seating - On The Forum steps. Accessible viewing area available outside Marzano.

Haymarket

What 3 Words - [supply.vote/glad](https://www.supply.vote/glad)

Artist - Company DHW

Show name - Go Grandad Go!

Saturday 1-1.30pm, 3-3.30pm & 5-5.30pm

Running Time – 30 minutes



Touch Tour 2.45pm, 15 mins

What to expect - A Hip hop dance show with integrated visual vernacular artist in performance team. (Visual vernacular is a form of artistic BSL interpretation developed by the BSL community).



Seating – There are benches on Haymarket.

Artist - ICHI

Sunday 1-1.45pm & 3.15-4pm

Running Time – 45 minutes

What to expect - A one-man band with homemade instruments.

Seating – There are benches on Haymarket.

Artist - Red Herring

Show name - *Silent Disco*

Sunday 11.45am-12.45pm & 2-3pm

Running Time – 1 hour

What to expect - Audiences wear headphones. A silent disco with a twist, lots of audience participation.

Seating - No seating as you'll be dancing!

Norwich Cathedral, Upper Close Green

What 3 Words - pints.many.doors

Artist - Levantes Dance Theatre

Show name - *Hug*

Saturday 1-1.30pm & 2.45-3.15pm

Running Time – 30 minutes

What to expect - An aerial dance and physical theatre show.

Seating – Backless bench seating. There will be an accessible viewing area available.

Artist - *ICHI*

Saturday 1.45-2.30pm & 4-4.45pm

Running Time – 45 minutes

What to expect - A one-man band with homemade instruments.

Seating – Backless bench seating.

Artist - Red Herring

Show name - *Silent Disco*

Saturday 2.30-3.30pm & 5-6pm

Running Time – 30 minutes

What to expect - Audiences wear headphones. A silent disco with a twist, lots of audience participation.

Seating - No seating as you'll be dancing!

Norwich Cathedral, Lower Close Green

What 3 Words - reward.putty.fault

Artist - Tilly Ingram Theatre

Show name - *The Hide*

Saturday 1.45-2.15pm & 4-4.30pm

Sunday 12-12.30pm & 1.45-2.15pm

Running Time – 30 minutes

What to expect - Audiences wear headphones to experience this meditative birdwatching experience.

Seating – Backless bench seating and chairs.

Tombland, by Ziziz

What 3 Words - rugs.stored.third

Artist - Mish Weaver

Show name - *Waiting Song*

Saturday 1.30-1.45pm, 3.45-4pm, 5-5.15pm



Touch Tour 3.30pm, 15 minutes

Sunday 11.30-11.45am, 1.15-1.30pm & 2.30-2.45pm



Touch Tour 2pm, 15 minutes

Running Time – 15 minutes

What to expect - Singing trapeze with optional audience participation.

Seating – Backless bench seating.

Chapelfield Gardens

What 3 Words - rating.truck.bowls

Artist - Nandita Shankardass

Show name - *Roots to Rise*

Saturday 2.30-3.10pm, 5-5.40pm



Touch Tour 4.45pm, 15 mins

Running Time – 40 minutes

What to expect - A dance-theatre performance which moves around Chapelfield Gardens with the audience following.



5 Audio Description headsets are available.

Seating - No seating as it's a moving performance, there are some benches in the park if you wanted a quick rest.

Motorcycle Park above Norwich Market

What 3 Words - nearly.chained.tasty

Artist - Theatre-Rites & Miguel Altunaga

Show name - *Eshu at the Crossroads*

Saturday 1.45-2.15pm, 3.30-4pm & 5.15-5.45pm

Sunday 12.15-12.45pm, 1.45-2.15pm & 4-4.30pm

Running Time – 30 minutes

What to expect - Dance and puppeteering.

Seating – Backless bench seating.

Norwich Guildhall

What 3 Words - wires.deals.fight

Artist - Ian Douglas – Storyteller

Saturday 1-3pm, 3.45-5.30pm

Sunday 11.30am-1.30pm, 2.10-4.10pm

Running Time – 15 minute story sessions every 20 minutes.

What to expect - Spoken Folk Tales and world myths. Suitable for those who are blind or partially sighted.

Seating – Chairs available.